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Behavioral Health EHR

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Men's Transitional House Silver City
1307 N. Swan St
Silver City, NM 88061

575-956-6242
575-956-6947

Taliferro, Miya

ID: 1000010739075 DOB: 7/10/1992

Use Note Creation Time

Clear Time

Set Date/Time

6/22/2023
11:52 AM

Group Therapy Note (SPIN Supporting People In Need)

Time spent face to face with patient and/or family and coordination of care: 60 min
Session start: 8:30 AM
Session end: 9:30 AM

Session Remarks:
Therapy Type:
Cognitive Behavioral Therapy with an emphasis on building new habits.

Group Type:
Focus Group: Focus groups are assigned specific topics or problem areas to discuss. The ways the group members react to each other is part of the focus of clinical attention. The focus of today's group was how to build new habits. The purpose was to familiarize the group members with the concept of support groups by having them look at who they turn to in times of stress. Discussion of strategies to develop such relationships was encouraged.

Present Today:
Present at today's session were the following:
Only two members of the group were present today. Group facilitated by Lawren Davenport, cpsw/ccss.

Group Leader Interventions:
Therapist allowed client to direct art or activity toward goal of building healthy coping alternatives. Motivational interviewing utilized

Plan:
Encourage increased participation.
Encourage increased attendance.
Continue group.

Individual Remarks:
Appearance and Behavior:
In today's session Miya appeared friendly, communicative, and anxious.

Participation:
Miya was active today and participated fully in discussions today. Client was positively impacted by the group today because they felt safe to share and received positive feedback. The group was positively impacted by the client because of their encouraging statements and felt accepted.

Verbal Content:
Miya spoke of interpersonal problems today, during the session. PSS provided coaching by discussing emotional reactions to an event discussing barriers and strengths

Service Location

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